

Please feel free to use this list to compare to your insurance's in-network directory, though most may not accept insurance.

Please also check [PsychologyToday.com](https://www.psychologytoday.com) to view their websites, read their bios/pics, and see whether they might be a good fit.

Therapist	Specifics	Contact	Location
Jennifer Bellingrodt	PsyD (DBT, personality d/os)	623.321.2221	Virtual Only
Jae Tate Ujania	LCSW	623.271.4551	The Atrium, Glendale
Nicole Pryor	EMDR, divorce/custody	605.519.8707	Scottsdale
Kara Jasper	LPC	kjaspercounseling.com	Glendale
Rachel White, PhD/LMFT	military/1st responders	drachelwhite@restorationpsychservices.com	The Atrium, 2nd floor
Kerry Martin	LMFT	602.377.8878	Glendale
Kristi Estrada	Somatic & trauma therapy	623.462.2315	Phoenix
Mandy Schulzke & Ian Hume	LPC, does EMDR (LDS)	480.498.7600	Glendale
Dan Kapelle & Lisa Crist	LCSW	602.613.0403	87th & Bell, Peoria
Matthew Dyer	DBT/military/1st resp.	480.696.1030	Virtual
January Hartze	LPC (does DBT)	602.292.4477	Glendale
Rebecca Lucas	LPD (couples/family)	480.447.1595	Surprise
Heidi Howard	LCSW	623.322.7301	Glendale
Christina Lanoue Pence	LMFT (EMDR, DBT)	480.422.7125	Glendale
Megan Foxx/Transitions	LPC, LCSW, LISAC	602.363.0629	Glendale
Kelley Galeano	LCSW	602.390.1135	Glendale
Kristi Everett	LMSW (cash only)	602.688.4027	Glendale
Nicole McLaughlin	MA/Ed.S, LPC (Trauma)	602.806.8912	Phoenix
Kerry Heath	Eating disorders/16+	623.826.7010	Peoria
Jara Bender	LCSW (EMDR)	623.377.0446	Phoenix
Jasmine Moore	LPC, does EMDR/SUD	602.909.8409	Scottsdale
Amy Brown	LPC, does CBT/EMDR	623.760.5246	Scottsdale
Jill Monson	LPC, does EMDR/SUD	669.257.0266	Phoenix
Sara Cole & Roxanne Hait	PsyD/neuropsych, sees children	602.633.5474	Phoenix
Theresa Seward	Performs EMDR	623.330.1099	Surprise
Val Girod/Sonoran Life	LPC, LISAC, EMDR	623.974.3333	Sun City, Avondale
Luly Gonzalez	Spanish Speaking	602.696.8426	Peoria
Michelle Hutchison	LPS, MC	623-330-9035	Surprise
Chris Jackson	LPC, LISAC	602.614.5926	Surprise
Amy Kaminski	PhD, sees children	623.476.7436	Peoria
Holly Inman	MAC, LPC	602.899.7436	Phoenix
Judy Langreder	PhD	623.972.5900	Surprise
Christina Katen	Child Psychologist	623.476.7436	Peoria
Stephanie Kool/Desert Sage	PsyD	623.536.7956	Avondale
Anthony Rubin	MA, LMFT, LPC	623.935.5917	Litchfield Park
Melissa Estavillo	PsyD, MA	480-788-0035	Phoenix
Sandy Lloyd	Takes Medicare	623-214-1141	Sun City West
Mr. Kelly Cassady	MA, LMFT	623.293.8527	Sun City
David Phelan	MC, LPC, BCN	623-330-3197	Litchfield Park
Andrea Hekler	PhD (sleep therapist)	602.843.0000	Metro Center
Duncan MacAulay	LPC	602-954-9089	Phoenix
Mary Brasch	(Gender issues)	602.910.2332	Phoenix
Darlene Summers	LPC, LGBTQ/gender	602.684.5234	Atrium, 311
Jennifer Jones	LPC, DBT, EMDR, PTSD	602.461.7982	Peoria
Sophia (Krell) Fleming	LCSW, SEP/Somatic specialist	623.277.0228	Glendale
Diane Genco	LPC, DBT, EMDR	602.253.8488	Phoenix
Ken Littlefield	PsyD, Eating d/o, OCD	623.695.7900	Sun City
Kristi Proch	LPC, trauma, ind/couples	602-738-8300	
Joy Giorgio	LMFT, DBTC, individual therapy	623-313-0111	Glendale
Nancy Romanick	LPC, RD EMDR, ED	480-298-9096	Scottsdale
Sandra Lehman	MC, LPC, EMDR, Somatic	602.345.0433	N. Phoenix/Anthem